

How Can You Help Us?

CANAAN TRUST
SPONSORSHIP FORM
Registered Charity No.: 1105657

I / We would like to sponsor Canaan Trust for the sum of: £ _____ per month/once.
(Delete as applicable)

By Standing Order / Cash / Cheque
(Delete as applicable)

Name: _____

Address: _____

Post Code: _____

Name of Account Holder _____

Bank / Building Society Name _____
Address _____

Account Number _____

Branch Sort Code ____/____/____

Payments to:

The Cooperative Bank Plc,
4-5 Exchange Walk,
Nottingham, NG1 2NX

Account Name: Canaan Trust
Account Number: 70002960
Sort Code: 08-90-74

Date of first payment _____

(Payments to continue until cancelled by me in writing)

Signature: _____ Date: _____

I would like to Gift Aid Yes / No (If yes please complete declaration below)

I am a UK taxpayer intending tax to be reclaimed on the above donation made under the Gift Aid Scheme.

Signature: _____ Date: _____

Thank you for your support

Jordan House
14 Main Street
Long Eaton
Derbyshire
NG10 1GR

Tel: 0115 9464903

E-mail: info@canaan-trust.co.uk

Website: www.canaan-trust.co.uk

Charity Number: 1105657



If you spend yourselves on behalf of the hungry, and satisfy the needs of the oppressed, then your light will rise in the darkness

Isaiah 58.10

Issue 11

Easter 2010

Canaan Trust News



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Channel facts (see page 3)

The channel is the busiest shipping lane in the entire world
Jellyfish shoals are frequently observed in the area

There is an increase in the waste and toxic products contained within the water due to the shipping numbers

So PLEASE pray for and support our "Action Man" - Trustee Jay
THANK YOU



College update

We regret that our partnership with Castle College is coming to an end as they are closing their Stepping Stones provision (hostels work) at the end of July. This means that we are actively seeking alternatives as the in-house college has proved so beneficial to all who have attended. Our thanks to the dedicated team - Terri, Corinna, Gerri and Nick - who have been a real blessing to our students.

See testimonials on page 2

Please pray that we are able to continue this provision.



Extension news

We're pleased to report that our extension at Jordan House is going ahead and we hope to commence building work in May at the latest.



The improvements will be significant to our residents and staff team - allowing us all to sit down and eat together and enlarging the lounge area to provide a much nicer environment.

We're very grateful for all the prayers and the support we have received for this project and look forward to its completion. Our thanks to Brian Bennett for his time and commitment in providing us with drawings and plans.

Please pray that Brian is blessed for his efforts and that we will be blessed with sufficient funds to complete the project.

We pray that disruption is kept to a minimum

Counting our blessings

We have so much to be thankful for! Canaan Trust has continued to be blessed with donations, sponsorship, prayer support and we thank the Lord for this provision. It is evident to us that He is honouring us as we do His will. We continue to work with full properties - 9 men at Jordan House, and 3 at Cranmer Street and they have all been a blessing to us. It's a privilege to get to know them and to be able to help them with their needs.



We express our special thanks at this time to all our staff and in particular Michelle who has worked hard with our lads in a temporary position and who leaves us in April. We pray His special blessings on her and her new role with The Salvation Army. (See page 3). Also, thanks to Carol who left us last month and to Cherrie and Peter for stepping into temporary roles and performing them in such a selfless way.

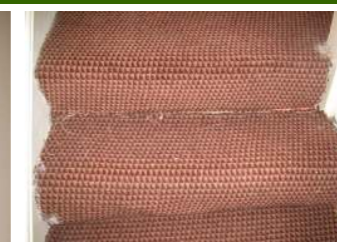
We've also been blessed with not one but two Chaplains - Ian Hall taking care of the Trustees and Ross (see page 2) pastoring the staff. We live in uncertain times and are constantly adapting to changes in ways of working and funding restrictions and we're thankful that we've been able to secure Supporting People funding for the majority of our staff costs for the immediate future.

In this Easter season as we celebrate new birth, we pray that all our residents now and in the future will be touched by God's love and encounter a 're-birth' and we give praise and thanks for His amazing continuing provision, including:

- £10,000 from the Chetwode Foundation for our extension.
- £1,000 from Friends of Queen's Hall Hostel
- £2,000 from Jefford Weller Fund for carpets
- £400 from Asda for new furniture for the extension
- £250 from the Rotary Club of Long Eaton
- £220 from Bethany Ladies Fellowship
- £380 from the Long Eaton United Reformed Church
- £200 from Trinity Methodist Church
- £92 from St Peter's Church in Toton from a Barn Dance

Plus many personal donations and gifts of clothing, food and toiletries from the many supporters and sponsors - both individuals and groups. We pray His blessings on you all.

Refurbishment update



Thanks to our supporters and funders who made it possible for us to replace our carpets and bedroom furniture and to the Carpet and Bed Warehouse.

We can now climb the stairs safely.



Meet the Chaplain - Ross Clayton

"Hello, my name is Ross Clayton and I am privileged to have been appointed to the honorary post of Chaplain to the staff at Canaan Trust. I have been a Church of England priest for over 25 years and was in full time ministry for a while before becoming a mental health worker and manager of a day centre in Leicestershire for people experiencing mental health problems.

I too have suffered from mental health problems and depression and took early retirement from work. For the past few years I have been Associate priest at All saints Church Sawley, where I assist in the leader-

ship team and conduct services.

I'm married to Angela and have two teenagers still living at home plus four older children and five grandchildren. As well as church activities I enjoy gardening and playing my guitar.

I hope to get to know people over the next few months and try to spend a few hours at Jordan House each week. If anyone would like to meet me, then please ask Phil to contact me to arrange it. I really look forward to spending time with you."

Ross



Did you hear ... ?

... about the man, who, down on his luck, went into a church. Spotting the man's dirty clothes a deacon, worried about the church's image, went to the man and asked him if he needed help. The man said, "I was praying and the Lord told me to come to this church." The deacon suggested that the man go pray some more and possibly he might get a different answer. The next Sunday the man returned. The deacon asked, "Did you get a different answer?" The man replied, "Yes I did. I told the Lord that they don't want me in that church and the Lord said, 'Don't worry about it son; I've been trying to get into that church for years and haven't made it yet.'"

And ...

... did you hear about the pastor, known for his lengthy sermons, who noticed a man get up and leave during the middle of his message. The man returned just before the conclusion of the service. Afterwards the pastor asked the man where he had gone. "I went to get a haircut," was the reply.

"But," said the pastor, "why didn't you do that before the service?"

"Because," the gentleman said, "I didn't need one then."

And ...

... did you hear about the man who was beaten up by robbers on a road to London. He lay there, half dead and in bad shape. A Vicar came along, saw him and passed by on the other side. Next, a monk came by but also walked quickly on the other side. Finally, a social worker came along, looked at the man and said "Whoever did this needs help!"

Note:- the characters in the above are entirely fictional and no offence is intended. If you are affected then please contact us - we may be able to refer you for help.

Testimonials of our students at in-house college (Stepping Stones)

"I am doing IT and this has helped me with my literacy skills. I never thought I would be able to use a computer. Having the college to go to on a regular basis provides me with stability and it has helped my confidence. Terri and everyone make it fun, it is hard work but it's all down to teamwork. We all don't get up for nothing!"

"This college has given me confidence, self-esteem, structure and teamwork. I am able to gain qualifications. If the college wasn't here I would probably be on the streets."

"I have lived here for about 3 months and have started college with Stepping Stones. I've gained Level 1 in Maths and English. This has built my confidence and done a lot for me,

this has been the best course I've been on and they've given me the help and support I need. If I'd never started the course with Stepping Stones I'd probably still be doing crime and most probably end up in prison, the course has occupied my mind and given me something to do with my time. It's also made me feel good and I want to do something with my life."

A Message from Housing Benefit



Erewash Borough Council is working towards increasing the awareness of Housing and Council Tax Benefit. It is thought many more households are eligible to claim but don't and some people are not aware they are entitled to claim. Families and lone parents are now more likely to qualify for benefit than ever before since Child Benefit stopped being taken into account as income. In addition, maintenance payments received in respect of a child also do not affect the amount of Housing and Council Tax Benefit awarded.

Applicants do not need to be out of work, people in employment can also receive benefit. Housing and Council Tax Benefit is worked out taking account of the amount of money you are

allowed to receive specific to your household and individual requirements. This is then compared to your actual income. As a general rule, the higher your income, the less benefit you will be eligible for. However, in many circumstances it is possible for income earned from employment to be reduced by the amount of child care costs paid.

The level of savings that people aged 60 and over are allowed to have before benefit is affected has been increased to £10,000.00. The first £6,000.00 for people of working age is not taken into account. Unfortunately, if your savings are over £16,000.00 you will not be able to receive Housing or Council Tax Benefit unless you are also receiving the Guarantee element of Pension Credit.

There is an online benefit calculator at www.erewash.gov.uk or we can advise you over the phone how much benefit you may potentially receive.

If you would like to find out more information on Housing and Council Tax Benefit please contact us on 0115 907 1010.

If you are part of a group or organisation (e.g. church group) it is possible for us to attend your meeting/event and give a talk on Housing and Council Tax Benefit and provide the opportunity for any questions to be asked.

If this is required please call the number above or e-mail benefits@erewash.gov.uk

Jay's Channel Swim - sponsor or pledge now

"My name is Jay Lane, I'm 34 years old and this coming September 2010 I will attempt to succeed in an unassisted channel crossing from Dover to Calais (France). I'm undertaking this challenge with the simple and sincere focus of raising funds for Canaan Trust, specifically for the extension project at Jordan House. This will improve the living conditions for our residents and in addition to this we would also like to acquire another property so that we can increase our overall resident capacity, providing more accommodation for homeless persons.

The channel itself at its narrowest point is 21 miles across; the average true swimming distance is recorded as 26 miles. Throughout the journey there will be a boat alongside containing a crew that will provide me with



bottles of water, energy drinks and food supplements. At no point during the crossing am I allowed to climb onboard - I must remain in the sea at all times.

We pray that Jay stays fit & healthy and that the Lord will be his strength.

The only items of 'clothing' I'm allowed to wear include swimming shorts, a swim cap and goggles. No wetsuits or any kind of floatation devices are allowed, I'm not even allowed to use a waterproof mp3 player to pass the time. It is permissible for me to coat my body with a mixture of Lanolin and Vasoline providing some protection against the cold of the sea water."

Jay

A Designer's Perspective - by Brian Bennett

"My involvement with Canaan goes back to the early days when the charity started under another name. I was involved with the then original building in various ways and subsequently understood the nature of the charity's work.

In the summer of 2005 I was asked to look into the possibility of converting the building in Main Street, eventually to be renamed Jordan House. Deadline for completion was December 2005.

The brief was simple: get nine existing tenants from the then current building into a newly purchased one plus supporting ancillary facilities. Not an easy one given the size, layout and age of the building and the tight timescale involved at the time.

The overall dimensions and structural elements dictated the ultimate layout. Brainstorming began in earnest consuming

many sheets of paper with thumbnail sketches, jotted ideas, and lots of coffee and late nights along the way.

Then, the planners were approached for change of use from a Bed & Breakfast to multiple occupancy accommodation (my favourite subject but enough said on this one).

Eventually, the ideas flowed (after some prayer for inspiration) and the basic layout started to form a logical flow. Added to this were the standards required by the respective authorities, including Building Regulations, environmental and social housing regulations from the local council.

After this came hours of work on an extensive specification including new plumbing, heating systems and re-wiring of the electrics throughout, plus the fire precautions required for this type of premises.

The tendering process and selection of contractors was time consuming given the restricted finance involved.

The building 'bit' for me is always the most interesting especially seeing an old building turned into a new one. A few exciting moments were had by all especially when parts of the building were 'opened up' and showed its hidden secrets.

Looking to the future, my involvement with the new lounge extension has been of significant interest as this involves new build works, instead of turning a building inside out. To date, plans have been drawn and passed by the authorities.

However, that's another story, which at this time is still unfolding.

More coffee please."

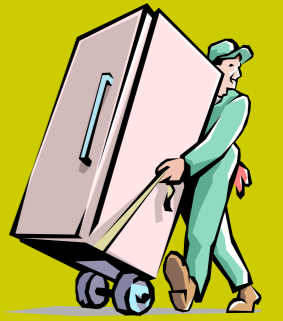
Brian

Goodbye Michelle

"I came to work for Canaan Trust in June 2009. I have enjoyed working here and have been made to feel very welcome. However, all good things must come to an end or so they say and I'm now at the end of my contract. I have learned a lot since being here and will take with me a wealth of positive experiences. My next move is to the Salvation Army in Nottingham. I will be in a similar role as a Project Support Worker in Sneinton House which is a 70 bed all male hostel in the city centre. I am looking forward to this new challenge. I would like to thank all the staff, residents and Trustees at Canaan Trust who have made my time so enjoyable and I will no doubt keep in touch."

Michelle

Still Wanted

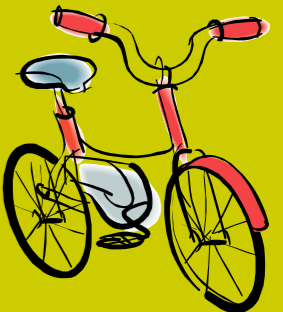


Help with transporting furniture

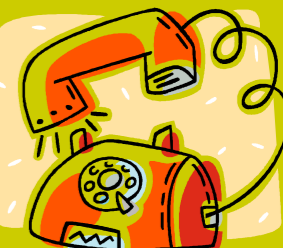


Prayers for our work and our residents and staff

Men's bikes in working order



If you can help us then ...



please give us a call

Have a very Happy Easter.

